

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2015 Sporting Excellence in Karate Regional Level

## **Francis Tiplady**

This is to certify that Francis Tiplady has performed to a very high standard in Competition Sport Karate throughout 2015 winning the medals and titles listed below:-

Championship Success - 1 Gold 2 Bronze

Shindo Kai Junior Championships - 22<sup>nd</sup> March, Barnsley

Gold - Individual Kata

Bronze - Individual Kumite Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2015. Well done Francis.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







